

# 2021 TRAINING CATALOG

## SPRING

# ABOUT US

## **Center for Afterschool, Summer and Enrichment for Kids (CASE)**

CASE for Kids, a division of Harris County Department of Education, services improve program quality and equalize access to afterschool, summer and enrichment opportunities – because what happens between school and home matters. To learn more about CASE for Kids services, visit [www.hcde-texas.org/after-school](http://www.hcde-texas.org/after-school)

## **Harris County Department of Education (HCDE)**

HCDE is a unique, educational hybrid serving school districts, governmental agencies, nonprofits and the public in the third-largest county in the U.S. HCDE annually serves a quarter-million students and educators through schools for students with profound special needs; the largest adult education program in Texas; Head Start early childhood education; school-based therapy services; and afterschool programs. Educator professional development and certification, school safety, records management, and a purchasing cooperative are also provided. #SeeTheImpact at [www.hcde-texas.org](http://www.hcde-texas.org).

# PD OPTIONS

**CASE for Kids remains your link to professional development!  
In 2021, CASE for Kids offers lots of options to meet the needs of  
Out-of-School Time (OST) field.**

## **We offer:**

Series of live webinars on OST related topics

Virtual library of CASE for Kids' recorded webinars

24/7 training opportunities through Cypherworx online platform

Leadership course for OST on our Link Up Houston platform

Learning community and workgroups to network and  
problem solve OST issues

Links to webinars from other organizations

# JANUARY

*Click on workshop title to register.*

*Certificates are provided based on participation and time in workshop. Please use computer or laptop and camera.*

## **Building Community**

**Wednesday, January 13, 2021, 10:30am - 11:30 am**

Do you know what it takes to build an emotionally and physically safe space for youth? Building an emotionally safe community of peers and adults is essential for youth to learn and develop as individuals. This interactive workshop will introduce participants to a variety of activities designed to support the community building process.

## **Teaching Tolerance: Creating an Anti-Bias Culture, Part 3**

**Friday, January 15, 2021, 10:30am - 11:30 am**

In this final installment of a three part coaching workshop, participants will extend their understanding of the Social Justice Anchor Standards. Discussion will center on how sites are implementing standards to engage students in a range of anti-bias, multi-cultural and social justice issues.

## **Structure and Clear Limits**

**Tuesday, January 19, 2021, 10:30 am - 11:30 am**

How do you prevent chaos in a youth environment without stifling the positive energy of youth? Youth need structure and clear limits in order to feel safe. This interactive workshop helps participants analyze the level of structure in their programs and practice identifying and maintaining clear limits.

*All workshops and symposiums are virtual. Registration required and closes 48 hours prior to session or when class is full.*

# JANUARY

*Click on workshop title to register*

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## **Youth Voice**

**Thursday, January 21, 2021, 10:30am - 11:30 am**

Are you providing young people with authentic, meaningful choices throughout your program? Does your program reflect the input of the youth involved? Research shows that quality programs incorporate youth input at both activity and organizational levels. This workshop will emphasize the importance of offering real choices and meaningful participation to youth, and nurturing youth leadership.

## **Skill Building: Comfort Zone to Challenge Zone**

**Friday, January 22, 2021, 10:30am - 11:30 am**

Research shows that challenges help the brain learn new things. Let's explore how you can help students develop and build their skills in your program with a foundation of safety, belonging and trust.

## **Positive Vibes in OST Behavior Management**

**Friday, January 29, 2021, 10:30am - 11:30 am**

Many times we both consciously and subconsciously focus on the details of negative behavior; instead of trying to steer the behavior in a positive direction with a word or positive vibe. Sometimes praise helps that challenged child know that although he or she has struggles, something is being done RIGHT! Let's develop and share techniques and activities that can assist us in building positive vibes in the classroom, thus creating a more engaged, happy, fun and positive environment.

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# FEBRUARY

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## **SEL Best Practices**

**Friday February 5, 2021, 10:30am - 11:30 am**

Social Emotional Learning (SEL) can have a huge impact on students in your OST program. CASEL (Collaborative for Academic, Social and Emotional Learning) has identified three signature SEL practices that create conditions for growth and learning across all five SEL competencies. In this workshop, we will explore these practices and develop strategies to incorporate them into OST programming.

## **Incorporating Planning into OST Activities**

**Friday, February 12, 2021, 10:30am - 11:30 am**

Planning is choice with intention and provides youth the opportunity to decide on actions, predict interactions, recognize problems and develop solutions. These skills can help students do better in school and life. Are you providing young people with the opportunity to plan before they begin activities in your program? Learn ways to support planning by giving youth tools, techniques and time to plan.

## **Homework Help**

**Wednesday, February 17, 2021, 10:30am - 11:30 am**

This course focuses on making homework help time effective by helping youth get organized, by providing an atmosphere that helps youth focus on their work, and by building a supportive relationship with youth. Explore how homework help can be an opportunity to build relationships and nurture positive growth, as work is completed.

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# FEBRUARY

*Click on workshop title to register*

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## **Mathematical Mindsets: Let's Banish Math Anxiety**

**Friday, February 19, 2021, 10:30am - 11:30 am**

Ever utter the words, "I hate math!"? Many teachers and students have these feelings toward math, but it doesn't have to be this way. In this workshop, we will dive into the research of Dr. Carol Dweck and Dr. Jo Boaler to discover how students learn math concepts best and discuss how to support students in developing a growth mindset regarding math. Through hands-on activities and collaborative discussion, we will discover how to promote student engagement, mathematical discourse, problem-solving and investigation.

## **OST Learning Community**

**Tuesday, February 23, 2021, 10:30am - 11:30 am**

Join colleagues from all aspects of the OST world to learn, problem solve and collaborate. Topic will be OST 2021: Using GPS (Goals, Priorities and Successes) to Move Ahead. The Learning Community provides a place where OST professionals can exchange knowledge, acquire skills and change their practice in and through social relationships.

## **Flex Your SEL Muscles**

**Friday, February 26, 2021, 10:30 am - 11:30 am**

Students need to feel safe and supported to learn and thrive. In this workshop, we will introduce the A Trusted Space curriculum and practice using our SEL muscles to create trusting relationships in OST.

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# QUALITY SYMPOSIUM

FRONT LINE STAFF: TUESDAY, MARCH 2: 9:30-12:00 PM

SUPERVISORS: THURSDAY, MARCH 4: 9:30-12:00 PM

## **Symposium Topic:**

The On-line Symposium will explore the topic of quality in OST using a Weikart Center for Youth Program Quality lens. Research is clear that out of school time programs that have quality features provide more social, emotional and academic benefits to young people. Through discussion and activities, participants will examine how they can provide a safe space for social and emotional growth, facilitate supportive interaction with caring adults, promote student voice to encourage learning and leadership.

## **Symposium Logistics**

Tuesday March 2, is geared for front line staff and Thursday, March 4 will be focused on the supervisory role. Both sessions will begin with a overview and include two 45 minute workshops on quality in safe/supportive environments and learning/leading. Once registered, participants will receive a link to the overview session and to the workshops. Breaks will be provided. 2 hours of professional development credit will be provided upon completion. Computer/laptops with camera functions are recommended.



MARCH

*Click on workshop title to register*

*Certificates are provided based on participation and time in workshop. Please use computer or laptop and camera.*

### **Quality Symposium for Front Line Staff**

**Tuesday, March 2, 2021, 9:30am - 12:00 pm**

Explore the topic of quality in OST using a Weikart Center for Youth Program Quality lens. Through discussion and activities, participants will examine how they can provide a safe space for social and emotional growth, facilitate supportive interaction with caring adults, and promote student voice to encourage learning and leadership.

### **Quality Symposium for Supervisors**

**Thursday, March 4, 2021, 9:30am - 12:00 pm**

Explore the topic of quality in OST and your role as a supervisor using a Weikart Center for Youth Program Quality lens. Through discussion and activities, participants will examine how they can ensure staff provide a safe space for social and emotional growth, facilitate supportive interaction with caring adults, and promote student voice to encourage learning and leadership.

### **Promoting Reflection in OST**

**Wednesday, March 10, 2021, 10:30am - 11:30 am**

Are you ready to be more intentional about including reflection strategies into your daily activities but not sure where to start? This workshop introduces participants to powerful and easy to use methods that promote youth engagement in implementing and evaluating activities and projects.

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# MARCH

*Click on workshop title to register*

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## **Thermometer vs. Thermostat: What Kind of A Leader Are You?**

**Friday, March 12, 2020, 10:30am - 11:30 am**

A thermometer tells you the temperature in the room, it fluctuates depending on what is going on in the space. A thermostat intentionally sets the temperature in the room. The conditions don't regulate it, it regulates the conditions. As a leader, are you setting the conditions in your life/program or are the conditions dictating your attitude and your functionality?

## **STEAM: Hot for Teachers, Cool for Kids!**

**Friday, March 26, 2021, 10:30 am- 11:30 am**

STEAM provides an engaging and exciting approach for students to connect Science, Technology, Engineering, Arts, and Mathematics. STEAM careers are the future, so let's get students excited now! Successful STEAM implementation is not just about the resources, but how the resources are used and for what purpose. In this webinar, we take the time to determine intention and best practices for implementation. We will explore and develop open-ended questions to guide students to a deeper understanding of STEAM concepts. We'll discuss the importance of providing growth-minded feedback and allowing student's natural curiosity to drive their learning, while providing hands-on experiences to support students in developing critical thinking and problem-solving skills.

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# APRIL

*Click on workshop title to register*

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## **Parental Engagement: It Takes A Village**

**Friday, April 9, 2021 10:30 am -12:00 pm**

According to the National Afterschool Association (NAA), "Research suggests that successful afterschool programming depends on partnerships with families." In this workshop, participants will learn ways to develop positive, friendly, and cooperative relationships with parents. This development will strengthen the two-way commitment between the program and parents to provide greater support for students.

**Workshop is 1.5 hours long**

## **Flex Your SEL Muscles**

**Friday, April 16, 2021, 10:30 am - 11:30 am**

Students need to feel safe and supported to learn and thrive. In this workshop, we will introduce the A Trusted Space curriculum and practice using our SEL muscles to create trusting relationships in OST.

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Registration required and closes 48 hours  
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# APRIL/MAY

*Click on workshop title to register*

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## **Unlocking Your Potential through Personal Accountability**

**Friday, April 23, 2021, 10:30am - 11:30 am**

Personal accountability helps to create opportunity, overcome obstacles, and achieve goals by eliminating blame, complaining, and procrastination. The result? Stronger organizations, more dynamic teams, and healthier relationships. In this session we will learn how to ask the right kind of question in any given situation so that we can move more swiftly towards action. Using John Miller's "Flipping the Switch" as our guide, we will explore the five essential practices that will lead to a richer experience in every aspect of life.

## **Educational Equity and OST**

**Friday, May 7, 2021, 10:30 am - 11:30 am**

This workshop will explore the topic of equity through activities, guided discussion and highlight the role of OST in leveling the field. Come ready to dialogue with colleagues and leave with resources and tools to use in your program.

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Registration required and closes 48 hours  
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# RECORDED WEBINARS

**CASE for Kids has a virtual library of recorded webinars featuring local OST content experts and CASE for Kids staff. Registration is required to view a recording. Certificates of attendance will be provided. Webinars range in length from 20 minutes to one hour.**

## Topics include:

**Social and Emotional Learning (SEL) for students and adults**

**Activities for OST programs (direct care and virtual)**

**Classroom/Behavior Management**

**Communication**

**Literacy/Numeracy**

**Virtual Learning**

**Equity**

**[Click to view webinar descriptions and register](#)**

# FREE WEBINAR RESOURCES

[Click to Science](#)  
[Virtual Lab School](#)  
[Afterschool Alliance](#)

[CASEL](#)

[ASCD](#)

[edWeb](#)

[Common Sense Education](#)

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# CYPHERWORX

## **CASE for Kids Sponsored On-Line Training Opportunity**

Access additional opportunities for professional development through courses designed for OST professionals. These training opportunities are available 24/7 using any device. Individual users can track course progress and print a certificate upon completion! Supervisors can contact Kathy Evans ([kevans@hcde-texas.org](mailto:kevans@hcde-texas.org)) to learn how they can individualize the system for their staff. Topics include:

- **Developmental stages of school age youth**
- **Activity planning**
- **Guiding behavior/Safety**
- **Professionalism**

*Courses are appropriate for front line staff and supervisors.*

Review the course catalog

Register to access online training

# CONTACT US

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**Learn more:**

**[www.afterschoolzone.org](http://www.afterschoolzone.org)**



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